

**ABSTRACT:**

A thermos container with inner sealing cap and outer cap used to contain solid or liquid foods. Integral heating coils contained within the innermost compartment of the receptacle receives energy from the main power cord connected to the On/Off sliding switch power conductor. When the sliding switch is moved to the On position it activates the battery power to heat the integral coils to a certain temperature to warm the contents of the thermos container. With such applications the invention is a battery operated self heating thermos thus allowing for storage and heat to foods contained within the inner receptacle.